



## A FEW PRACTICAL REMINDERS.... FOR ALL FAMILIES

### Nut Free School

We are currently trying to ensure that our school environment is nut-free. Please ensure that no nuts are sent with children for lunch boxes/snack and avoid all other items with nuts, such as cereal bars, Nutella etc.

We would be very grateful for your help, support and vigilance to keep our children and adults safe. Thank you.

### Healthy Lunchboxes

A gentle reminder to all families to check and monitor quantity of 'sugary foods' in children's lunchboxes. Guidance and help for what to include can be found through [www.nhs.uk](http://www.nhs.uk) or <https://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration>

### Playtime Tuck

Snacks are available each playtime. These vary each day and range from toast (30p), fruit bread (30p), crumpet (30p), teacakes (45p) to sausage/bacon butty (70p or 35p for half). Drinks are also available and vary each day including apple juice, orange juice and milk shake (30p).

### PE Kit/Forest School Kit

Please ensure all children have their full PE kit and forest kit in school all of the time. If your child does not have (or has lost) an item we will send you a letter home asking for your help/making you aware of the situation. A list of required uniform / kit can be found on our website under uniform policy.

## HEADLICE – LET'S BANISH THEM

As we return to a new school year, all 'bunched up' together in our new classrooms, we have the returned risk of head lice getting in our school!

It is not uncommon for children to pick up lice over the holidays as our vigilance of combing and checking usually drops off over the summer.

SO, NOW IS THE TIME TO START CHECKING REGULARLY again!

Please ensure all children's hair is checked at least weekly and treatment sought at the first sign of eggs/lice.

Thank you for helping us to become and stay a 'lice free' school.

## MINDFULNESS COLOURING BOOKS FOR 'COLOUR AND CHAT CLUB'

### **Colouring and Chat Club (weekly at lunchtime for Key Stage 1)**

Our Club would be very grateful for any donations of mindfulness colouring books to enrich and expand the variety of pictures children can choose. Thank you.

## WRAP AROUND CARE

Our very successful wrap around care team are seeking to recruit another member of staff. If you are interested please contact Mrs Longhorn either via the school office or [longhornj@stpauls.lancs.sch.uk](mailto:longhornj@stpauls.lancs.sch.uk)



## SCHOOL ADMISSIONS

### SECONDARY SCHOOL

Do you have a child starting secondary school in September 2020 and living in Lancashire? APPLY NOW! [www.Lancashire.gov.uk/schools](http://www.Lancashire.gov.uk/schools)

Or give us a call on 01524 581148. Closing date 31 OCTOBER 2019. You must apply even if an older brother or sister is already at the school.

### PRIMARY SCHOOL

Do you have a child starting primary school in September 2020 and living in Lancashire? APPLY NOW! [www.Lancashire.gov.uk/schools](http://www.Lancashire.gov.uk/schools)

Or give us a call on 01524 581148. Closing date 15 JANUARY 2020. You must apply even if an older brother or sister is already at the school or the school is linked to your child's nursery.

## MEET THE TEACHER

### TUESDAY 17 SEPTEMBER 6-7PM

This is an opportunity for parents to meet all the teachers and their new class teachers to chat informally about routines and learning in their class. Mrs Price and the Governors will also be on hand to chat about wider school developments and plans.

Teachers of each class will be leading two sessions during the hour (to ensure those with children in two year groups have opportunity to meet both teachers) at 6.20pm and 6.40pm.

Please come to the main entrance where you will then be directed to our meeting point in the school hall.

## WELLIES

If anyone has any unwanted wellies, preferably small ones, please could you donate them to school, thank you – Miss Sanderson.

## VIP WINNERS THIS WEEK

This week's VIP winners are:-

Diamond – Holly for being a super helper.

Ruby – Scarlett for being a super helper.

Topaz – Jack for a super start to the year. Such a kind, loving and caring boy.

Emerald – Kika for a great start to the year in Maths and English.

Sapphire – Lucy for stepping up to being a Year 4 and having a superb work ethic – well done.

Amethyst – Maisie for being a well mannered girl who has shown a mature attitude in Year 6.

**Please remember** to bring your sweatshirts back on Friday. Thank you.

## ALDI STICKERS FOR SCHOOL

Please see attached letter regarding the Aldi Get Set to Eat Fresh promotion.

## FLU VACCINATIONS

Letters went home earlier this week to all Reception to Year 6 children. Please ensure that they are returned to school as soon as possible. The date for vaccinations has not yet been confirmed by the school nurse.

## COOL MILK

If you would like your child to have milk in school please register online at [www.coolmilk.com](http://www.coolmilk.com).

Please be aware registration and payment needs to be made by Tuesday for your child to receive milk the following week.



## CONTACT DETAILS/DATA SHEET

Please make sure the school office have any changes to phone numbers (home and emergency contacts) and addresses.

Data sheets will be sent home for checking soon (in envelopes with children).

## SWIMATHON

This weekend, Mila, Isabel and Lucy completed a 5km open water swimathon to raise money for equipment for the head trauma rehabilitation unit at Preston Hospital. They have successfully raised £400 so far which is an amazing achievement. It was a very tough challenge for them. If anyone would like to support them please follow the link below:

<https://www.justgiving.com/crowdfunding/olivia-russoalesi>

## OPEN EVENING

**CENTRAL LANCASTER HIGH SCHOOL**

Thursday 12 September 6pm to 8pm.

## SPECIAL LUNCH

There will be a change to the school menu on:-  
**13 September** as we are having our Roald Dahl Day lunch. The menu is:-

BFG's Beef Tower Burger served with Paprika Wedges and mixed salad or George's Marvellous Macaroni Cheese pasta bake served with homemade garlic bread and garden peas. Followed James and The Giant Peach Melba Cake or Willy Wonkers Chocolately Mousse Delight.

The usual cost of £2.30 is payable via Parent Pay.