

Curriculum Long Term Plan PE–

EYFS / KS1 – One Year Cycle

2023 – ff Bible Scripture : “Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you

know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. “ Colossians 3:23-24



Diamond											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
ElmerFMS	Castles Gym	How to Catch a Star FMS	Hungry Caterpillar Gym	Jack and the BeanstalkFMS	Rumble in the Jungle Gym	Rosie’s Walk FMS	Seaside Gym	Superworm FMS	Space Gym	FMS	Transport Gym

Ruby											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
FMS Yr1 Lost and Found Baseline Assessment	Yr1 Gymnastics Activities 1	Yr1 Dance - Explorers	FMS Yr1 - Zog	Yr1 Dance – Fire Fire	Yr1 Gymnastics Activities 2	FMS Yr1 – Overarm Throw and in a game	FMS Yr1 – Rolling a Ball and tactics in a small game	FMS Yr1 – Catching and Bouncing a Ball and tactics in a small game	FMS Yr1 - Thri golf – throwing underarm and tactics in a small game	Yr1 Athletics	FMS Yr1 – Kicking a Ball

Topaz											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr2 Bouncing a Ball	FMS Gym – Jack and the Beanstalk	Yr2 Dance Moving Along	Yr2 Games – Piggy in the Middle	Yr2 Dance – Once Upon a Giant	Yr2 FMS – Playground Games in the 20 th Century	Yr2 Gymnastics Activities 1	Yr2 Striking and Fielding Games	Yr2 Games- Net and Wall	Yr2 OAA – The Great Outdoors	FMS – End of KS1 Assessment	Yr2 Athletics

Curriculum Long Term Plan – PE

KS2 – Cycle B



2023 - 2024

Emerald											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr3/4 Gymnastics – Activities 3	Yr3/4 Invasion Games - Basketball	Yr3/4 Dance - Ironman	Yr3/4 Invasion Games – Rugby 1	Yr3/4 Gymnastics – Activities 2 -	Yr3/4 Creative Games – Tag andTarget	Yr3/4 Dance – Myths and Legends	Yr3/4 Creative Games – Target - Dodgeball	Yr3/4 Net/Wall Games Core Task 1	Yr3/4 Striking and Fielding Games - Rounders	Yr3/4 OAA – Team work and Problem Solving	Yr3/4 Athletics

Sapphire											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr5/6 Gymnastics – Activities 1	Yr5/6 Invasion Games – Yr4 Netball Yr5 Swimming	Yr5/6 Dance - Yr4 Robinhood Yr5 Swimming	Yr5/6 Invasion Games – Rugby 1	Yr5/6 Gymnastics – Activities 2	Yr5/6 Invasion Games - Football	Yr5/6 Creative Games	Yr5/6 Dance - Seaside	Yr5/6 Striking/Fielding Games - Rounders	Yr5/6 Net/Wall Games - Badminton	Yr5/6 Orienteering	Yr5/6 Athletics

Amethyst											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr5/6 Gymnastic s – Activities 3	Yr5/6 Invasion Games – Netball/Korfbal 1	Yr5/6 Invasio n Games – Rugby 1	Yr5/6 Dance - Robinhood	Yr5/6 Dance - Earthling s	Yr5/6 Invasio n Games Rugby 2	Yr5/6 Gymnastic s Activities 4	Yr5/6 Creativ e Games	Yr5/6 Striking/Fieldin g Games - Cricket	Yr5/6 Net/Wal l Games - Tennis	Yr5/6 Outdoor Adventurou s Activities – Teamwork and Problem Solving 1	Yr5/6 Athletic s

Curriculum Long Term Plan – PE

KS2 - Cycle A

2024 - 2025



Emerald											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr3/4 Gymnastics – Activities 3	Yr3/4 Invasion Games – On the Attack	Yr3/4 Dance - Superheroes	Yr3/4 Invasion Games - Rugby	Yr3/4 Gymnastics – Activities 2	Yr3/4 Health Related Fitness	Yr3/4 Target Games - Boccia	Yr3/4 Creative Games – Tig and Tag	- Yr3/4 Net/Wall - Core Task 2	Yr3/4 Striking/Fielding Games - Cricket	Yr3/4 Outdoor Adventurous Activities – Trust and Trails	Yr3/4 Athletics

Sapphire											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr5/6 Gymnastics – Activities 1	Yr5/6 Invasion Games - Yr4 Netball Yr5 Swimming	Yr5/6 Dance – Yr4 Highway man Yr5 Swimming	Yr5/6 Invasion Games – Rugby 1	Yr5/6 Gymnastics – Activities 2	Yr5/6 Outdoor Adventurous Activities – Problem Solving 1	Yr5/6 Dance – Heroes and Villains	Yr5/6 Invasion Games - Football	Yr5/6 Striking/Fielding Games - Cricket	Yr5/6 Net/Wall Games - Tennis	Yr5/6 Athletics Yr5/6 Outdoor Adventurous Activities – Problem Solving 2	Yr5/6 Athletics

Amethyst											
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Yr5/6 Gymnastics	Invasion Games – Netball/Korfball	Yr5/6 Invasion Games	Yr 5/6 Dance -	Yr5/6 Dance – Food	Yr5/6 Invasion Games	Yr5/6 Gymnastics	Yr5/6 Creative Games	Yr5/6 Striking/Fielding	Yr5/6 Net/Wall	Yr5/6 Orienteering	Yr5/6 Athletics

- Activities 3		- Rugby 1	Highway man	Glorious Food	- Rugby 2	- Activities 4		Activities - Rounders	Games - Badminton		
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