

Curriculum Long Term Plan PSHE –

EYFS / KS1 – One Year Cycle

Autumn: *Jesus said, “love your neighbour as yourself” (Mark 12:31)*

Spring: *Do your work and be happy as if you were serving God (Colossians 3:23)*

Summer: *I praise you God for I am fearfully and wonderfully made (Psalm 139:14)*



Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
Relationships <i>Jesus said, “love your neighbour as yourself” (Mark 12:31)</i>		Relationships <i>Jesus said, “love your neighbour as yourself” (Mark 12:31)</i>	Living in the Wider World <i>Do your work and be happy as if you were serving God (Colossians 3:23)</i>		Living in the Wider World <i>Do your work and be happy as if you were serving God (Colossians 3:23)</i>	Health and Wellbeing <i>I praise you God for I am fearfully and wonderfully made (Psalm 139:14)</i>		Health and Wellbeing <i>I praise you God for I am fearfully and wonderfully made (Psalm 139:14)</i>
EYFS Families and friendships. We are loved and welcomed into the family of God. Show sensitivity to their own and others’ needs. Talk about the lives of the people around them and	EYFS Safe Relationships Form positive attachments to adults and friendship with peers.	EYFS Respecting ourselves and others. Work and play cooperatively and take turns with others. Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Give focused attention to what the teacher says, responding appropriately even when engaged in activity and shows an ability to follow instructions involving actions and ideas.	EYFS Belonging to a community. Know and explain, some similarities and differences between different religions and cultural communities in this and other countries, drawing on their experiences and what has	EYFS Media literacy and digital resilience. Manage own basic hygiene and personal needs. Know some similarities and differences between things in the past and now drawing on their experiences and what has	EYFS Money and work. Talk about the lives of the people around them and their roles in society.	EYFS Physical Health and Mental Wellbeing Christians and other religious people believe that human bodies have been made by God; give thanks to God for nature, exercise and food. Manage own basic hygiene and personal	EYFS Growing and Changing Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Be confident to try new activities and show independence, resilience and perseverance	EYFS Keeping Sage Explain the reasons for rules, know right from wrong and try to behave accordingly.

their roles in society.			been read in class.	been read in class. Understand the past through settings, characters and events encountered in books read in class and storytelling.		needs, including dressing, going to the toilet and understanding the importance of healthy food choices	in the face of challenge.	
-------------------------	--	--	---------------------	---	--	---	---------------------------	--

Autumn 1									
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	
Year1 Families and friendships We are loved and welcomed into the family of God; roles of different people; families; feeling cared for.	Yr1 Safe relationships Created by God; looking after our wonderful selves; recognising privacy; staying safe; seeking permission	Yr1 Respecting ourselves and others What the bible says about respectful relationships. How behaviour affects others; being polite and respectful	Yr1 Belonging to a community What rules are; caring for others' needs; looking after the environment and God's creation.	Yr1 Media literacy and Digital resilience Using the internet and digital devices; communicating online	Yr1 Money and Work Strengths and interests; jobs in the community	Yr1 Physical health and Mental wellbeing Christians and other religious people believe that human bodies have been made by God; give thanks to God for nature, exercise and food; <i>Keeping healthy; food,</i>	Yr1 Growing and Changing Intended and created by God; Jesus' feelings; prayer and meditation; recognising what makes them unique and special; feelings; managing when things go wrong.	Yr1 Keeping safe How rules and age restrictions help us; <i>keeping safe online</i>	

Curriculum Long Term Plan PSHE –

KS2 – Cycle B

2023 – 2024

Termly whole school themed week:

Autumn: Kindness Challenge NSPCC

Spring: Dog's Trust Visit

Summer: Water Safety – Drowning Prevention Week



Emerald								
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
Yr3 Families and friendships We are loved and welcomed into the family of God; what	Yr3 Safe relationship We are valued and loved and are precious in God's sight and therefore	Yr3 Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Yr3 Belonging to a community The value of rules and laws; rights, freedoms and responsibilities	Yr3 Media literacy and Digital resilience <i>How the internet is used; assessing</i>	Yr3 Money and Work Different jobs and skills; job stereotypes; setting personal goal	Yr3 Physical health and Mental wellbeing Using prayer and meditation for observing,	Yr3/4 Growing and changing Personal strengths and achievements; managing and reframing setbacks	Yr3 Keeping safe Risks and hazards; safety in the local environment and unfamiliar places

<p>makes a family; features of family life.</p>	<p>protect what is special to God; <i>personal boundaries; safe responding to others; the impact of hurtful behaviour.</i></p>			<p><i>information online</i></p>		<p>allowing, recognising and positively applying emotions; examples from the bible; <i>health choices and habits</i>; what affects feelings; expressing feelings; how beliefs might motivate exercise and healthy eating; precious and made in God's image.</p>	<p>Yr4 Growing and changing <i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</i></p>	
---	--	--	--	----------------------------------	--	---	--	--

Sapphire									
Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1	
<p>Yr3/5 Yr3 Families and friendships We are loved and welcomed into the family of God; what makes a</p>	<p>Yr3/5 Yr3 Safe relationship We are valued and loved and are precious in God's sight and therefore protect what is special to God; <i>personal</i></p>	<p>Yr3/5 Yr3 Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite</p> <p>Yr5 Respecting ourselves and others</p>	<p>Yr3/5 Yr3 Belonging to a community The value of rules and laws; rights, freedoms and responsibilities</p>	<p>Yr3/5 Yr3 Media literacy and Digital resilience <i>How the internet is used; assessing information online</i></p>	<p>Yr3/5 Yr3 Money and Work Different jobs and skills; job stereotypes; setting personal goal</p> <p>Yr5 Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes</p>	<p>Yr3/5 Yr3 Physical health and Mental wellbeing Using prayer and meditation for observing, allowing, recognising</p>	<p>Yr3/4/5 Yr3 Growing and changing Personal strengths and achievements; managing and reframing setbacks</p> <p>Yr4 Growing and changing</p>	<p>Yr3/5 Yr3 Keeping safe Risks and hazards; safety in the local environment and unfamiliar places</p> <p>Yr5 Keeping safe Keeping safe in different situations, including responding in</p>	

<p>family; features of family life.</p> <p>Yr5 Families and friendships</p> <p>Managing friendships and peer influence. 'Love your neighbour as yourself', examples from the bible of this.</p>	<p><i>boundaries; safe responding to others; the impact of hurtful behaviour.</i></p> <p>Yr5 Safe relationshipsWe are valued and loved and are precious in God's sight and therefore protect what is special to God; physical contact and feeling safe</p>	<p>Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p>Yr5 Belonging to a community</p> <p>Protecting the environment; compassion towards others</p>	<p>Yr5 Media literacy and Digital resilience</p> <p>How information online is targeted; different media types, their role and impact</p>		<p>and positively applying emotions; examples from the bible; <i>health choices and habits</i>; what affects feelings; expressing feelings; how beliefs might motivate exercise and healthy eating; precious and made in God's image.</p> <p>Yr5 Physical health and Mental wellbeing</p> <p>Made in the image of God; looking after the body God created; health sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.</p>	<p><i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</i></p> <p>Yr5 Growing and changing</p> <p>Personal identity; 'fearfully and wonderfully made'; recognising individuality and different qualities; mental wellbeing</p>	<p>emergencies, first aid and FGM</p>
--	---	--	---	---	--	--	---	---------------------------------------

Amethyst

Amethyst								
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
<p align="center">Yr6</p> <p>Families and friendships Attraction to others; romantic relationships; civil partnerships and marriage; legal ceremonies; themes of lifelong commitment together; what the bible says about love and marriage.</p>	<p align="center">Yr6</p> <p>Safe relationships <i>Recognising and managing pressure; consent in different situations</i></p>	<p align="center">Yr6</p> <p>Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues</p>	<p align="center">Yr6</p> <p>Belonging to a community Valuing diversity; challenging discrimination and stereotypes</p>	<p align="center">Yr6</p> <p>Media literacy and Digital resilience <i>Evaluating media sources; sharing things online</i></p>	<p align="center">Yr6</p> <p>Money and Work Influences and attitudes to money; money and financial risks</p>	<p align="center">Yr6</p> <p>Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online; using prayer and meditation for observing, allowing, recognising and positively applying emotions; examples from the bible</p>	<p align="center">Yr6</p> <p>Growing and changing Human reproduction and birth; increasing independence; managing transition; Christian view of intercourse as a physical, emotional and spiritual union.</p>	<p align="center">Yr6</p> <p>Keeping safe <i>Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media; why some Christians, other religions and non religious people, believe it is good to avoid things that harm the body, mind and soul.</i></p>

Curriculum Long Term Plan PSHE –

KS2 - Cycle A

2024 - 2025

Termly whole school themed week:

Autumn: Anti- bullying/friendship

Spring: NSPCC

Summer: Water Safety



Emerald								
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4
Families and friendships Positive friendships, including online; forgiveness, peace, reconciliation and examples from the bible relating to friendships.	Safe relationships. God being a God who is a greater love and good, who is supportive and trustworthy; <i>responding to hurtful behaviour; managing confidentiality;</i>	Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively	Belonging to a community What makes a community; shared responsibilities	Media literacy and Digital resilience How data is shared and used	Money and work. Making decisions about money; using and keeping money safe; what the bible says about money.	Physical health and Mental wellbeing Maintaining a balanced lifestyle; <i>oral hygiene and dental care</i>	Growing and changing <i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</i>	Keeping safe Medicines and household products; drugs common to everyday life

	<i>recognising risks online.</i>						
--	----------------------------------	--	--	--	--	--	--

Sapphire								
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
Yr4/5 Yr4 Families and friendships Positive friendships, including online; forgiveness, peace, reconciliation and examples from the bible relating to friendships. Yr5 Families and friendships Managing friendships and peer influence. 'Love your neighbour as yourself', examples from the bible of this.	Yr4/5 Yr4 Safe relationships. God being a God who is a greater love and good, who is supportive and trustworthy; <i>responding to hurtful behaviour; managing confidentiality; recognising risks online.</i> Yr5 Safe relationships We are valued and loved and are precious in God's sight and therefore protect what is special to God; physical contact and feeling safe	Yr4/5 Yr4 Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively Yr5 Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination	Yr4/5 Yr4 Belonging to a community What makes a community; shared responsibilities Yr5 Belonging to a community Protecting the environment; compassion towards others	Yr4/5 Yr4 Media literacy and Digital resilience How data is shared and used Yr5 Media literacy and Digital resilience How information online is targeted; different media types, their role and impact	Yr4/5 Yr4 Money and work. Making decisions about money; using and keeping money safe; what the bible says about money. Yr5 Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Yr4/5 Yr4 Physical health and Mental wellbeing Maintaining a balanced lifestyle; <i>oral hygiene and dental care</i> Yr5 Physical health and Mental wellbeing Made in the image of God; looking after the body God created; health sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.	Yr4/5 Yr4 Growing and changing <i>Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty</i> Yr5 Growing and changing Personal identity; 'fearfully and wonderfully made'; recognising individuality and different qualities; mental wellbeing.	Yr4/5 Yr4 Keeping safe Medicines and household products; drugs common to everyday life Yr5 Keeping safe Keeping safe in different situations, including responding in emergencies, first aid and FGM

Amethyst

Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2
Yr6 Families and friendships Attraction to others; romantic relationships; civil partnerships and marriage; legal ceremonies; themes of lifelong commitment together; what the bible says about love and marriage.	Yr6 Safe relationships <i>Recognising and managing pressure; consent in different situations</i>	Yr6 Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues	Yr6 Belonging to a community Valuing diversity; challenging discrimination and stereotypes	Yr6 Media literacy and Digital resilience <i>Evaluating media sources; sharing things online</i>	Yr6 Money and Work Influences and attitudes to money; money and financial risks	Yr6 Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online; using prayer and meditation for observing, allowing, recognising and positively applying emotions; examples from the bible	Yr6 Growing and changing Human reproduction and birth; increasing independence; managing transition; Christian view of intercourse as a physical, emotional and spiritual union.	Yr6 Keeping safe <i>Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media; why some Christians, other religions and non religious people, believe it is good to avoid things that harm the body, mind and soul.</i>