### <u>Curriculum Long Term Plan PSHE –</u>

#### EYFS / KS1 - One Year Cycle

Autumn: Jesus said, "love your neighbour as yourself" (Mark 12:31)

Spring: Do your work and be happy as if you were serving God (Colossians 3:23)

Summer: I praise you God for I am fearfully and wonderfully made (Psalm 139:14)



Relati	umn 1 onships your neighbour as (Mark 12:31)	Autumn 2 Relationships Jesus said, "love your neighbour as yourself" (Mark 12:31)	Living in to Wo	the Wider orld be happy as if you (Colossians 3:23)	Spring 2 Living in the Wider World Do your work and be happy as if you were serving God (Colossians 3:23)	I praise you God for I am fearfully and  wonderfully made (Psalm 139:14)  fea		Summer 2  Health and Wellbeing I praise you God for I am fearfully and wonderfully made (Psalm 139:14)
EYFS Families and friendships. We are loved and welcomed into the family of God. Show sensitivity to their own and others' needs. Talk about the lives of the people around them and	EYFS Safe Relationships Form positive attachments to adults and friendship with peers.	EYFS Respecting ourselves and others. Work and play cooperatively and take turns with others. Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly.  Give focused attention to what the teacher says, responding appropriately even when engaged in activity and shows an ability to follow instructions involving actions and ideas.	EYFS Belonging to a community. Know sand explain, some similarities and differences between different religions and cultural communities in this and other countries, drawing on their experiences and what has	EYFS Media literacy and digital resilience. Manage own basic hygiene and personal needs.  Know some similarities and differences between things in the past and now drawing on their experiences and what has	EYFS Money and work. Talk about the lives of the people around them and their roles in society.	EYFS Physical Health and Mental Well being Christians and other religious people believe that human bodies have been made by God; give thanks to God for nature, exercise and food.  Manage own basic hygiene and personal	EYFS Growing and Changing Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Be confident to try new activities and show independence, resilience and perseverance	EYFS Keeping Sage Explain the reasons for rules, know right from wrong and try to behave accordingly.

their roles in		been read in	been read in	needs,	in the face of	
society.		class.	class.	including	challenge.	
				dressing,		
			Understand	going to the		
			the past	toilet and		
			through	understanding		
			settings,	the		
			characters	importance of		
			and events	healthy food		
			encountered	choices		
			in books read			
			in class and			
			storytelling.			

Autu	mn 1	Autumn 2	Spr	ing 1	Spring 2	Sumi	mer 1	Summer 2
Year1	Yr1 Safe	Yr1 Respecting ourselves	Yr1	Yr1 Media	Yr1 Money and Work	Yr1 Physical	Yr1 Growing	Yr1 Keeping safe
Families and	relationships	and others	Belonging to	literacy and	Strengths and interests;	health and	and	How rules and age
friendships	Created by	What the bible says about	a community	Digital	jobs in the community	Mental	Changing	restrictions help us;
Ne are	God; looking	respectful relationships.	What rules	resilience		wellbeing	Intended	keeping safe online
loved and	after our	How behaviour affects	are; caring	Using the		Christians	and created	
welcomed	wonderful	others; being polite and	for others'	internet and		and other	by God;	
into the	selves;	respectful	needs;	digital devices;		religious	Jesus'	
family of	recognising		looking after	communicating		people	feelings;	
God; roles of	privacy;		the	online		believe that	prayer and	
different	staying safe;		environment			human	meditation;	
people;	seeking		and God's			bodies have	recognising	
families;	permission		creation.			been made	what makes	
feeling cared						by God; give	them unique	
for.						thanks to	and special;	
						God for	feelings;	
						nature,	managing	
						exercise and	when things	
						food;	go wrong.	
						Keeping		
						healthy;		
						food,		

		exercise;	
		healthy	
		routines; sun	
		safety.	

Autumn 1	Autumn 2	Spri	ng 1	Spring 2	Sum	mer 1	Summer 2
Friendships. Making friends; Feeling lonely and getting help; the themes of forgiveness, peace, reconciliation as found in the bible.  Yr2 Safe relationships is secrets; resist pressure and help; recognish hurtful behavior parable of 'The Samaritan'.	Recognising things in common and differences; playing and working cooperatively;	Yr2 Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community	Yr2 Media literacy and Digital resilience The internet in everyday life; online content and information	Yr2 Money and Work What money is; needs and wants; looking after money; bible theme of generosity, the parable of 'The Widow's Mite'.	Yr2 Physical health and Mental wellbeing Our wonderful bodies created by God; how we love and care for ourselves; why sleep is important; medicines and keeping teeth healthy; managing feelings and asking for help.	Yr2 Growing and changing Fearfully and wonderfully made by God; made to grow and change, identity. Use examples from the book of Genesis and Jesus' life: baby, boy, man; growing older; naming body parts; moving class or year.	Yr2 Keeping safe Safety in different environments; risk and safety at home; emergencies.

# <u>Curriculum Long Term Plan PSHE –</u>

KS2 - Cycle B

<u>2023 – 2024</u>

### **Termly whole school themed week:**

Autumn: Kindness Challenge NSPCC

Spring: Dog's Trust Visit

Summer: Water Safety – Drowning Prevention Week



				Emer	ald			
Autu	mn 1	Autumn 2	Spri	ng 1	Spring 2	Sumi	mer 1	Summer 2
Yr3	Yr3	Yr3	Yr3	Yr3	Yr3	Yr3	Yr3/4	Yr3
Yr3 Families	Yr3 Safe	Yr3 Respecting ourselves and	Yr3 Belonging	Yr3 Media	Yr3 Money and Work	Yr3 Physical	Yr3 Growing	Yr3 Keeping safe
and	relationship	others	to a	literacy and	Different jobs and skills; job	health and	and changing	Risks and hazards; safety in
friendships	We are	Recognising respectful	community	Digital	stereotypes; setting personal	Mental	Personal	the local environment and
We are	valued and	behaviour; the importance of	The value of	resilience	goal	wellbeing	strengths and	unfamiliar places
loved and	loved and	self-respect; courtesy and	rules and laws;	How the		Using prayer	achievements;	
welcomed	are precious	being polite	rights,	internet is		and	managing and	
into the	in God's		freedoms and	used;		meditation	reframing	
family of	sight and		responsibilities	assessing		for	setbacks	
God; what	therefore					observing,		

makes a	protect what		information	allowing,	Yr4 Growing	
family;	is special to		online	recognising	and changing	
features of	God;			and	Physical and	
family life.	personal			positively	emotional	
,	boundaries;			applying	changes in	
	safe			emotions;	puberty;	
	responding			examples	external	
	to others;			from the	genitalia;	
	the impact			bible; <i>health</i>	personal	
	of hurtful			choices and	hygiene	
	behaviour.			habits; what	routines;	
				affects	support with	
				feelings;	puberty	
				expressing		
				feelings;		
				how beliefs		
				might		
				motivate		
				exercise and		
				healthy		
				eating;		
				precious and		
				made in		
				God's image.		

				Sapphi	ire			
Aut	Autumn 1 Autumn 2		Spring 1		Spring 2	Sumn	ner 1	Summer 2
Yr3/5	Yr3/5	Yr3/5	Yr3/5	Yr3/5	Yr3/5	Yr3/5	Yr3/4/5	Yr3/5
Yr3 Families	Yr3 Safe	Yr3 Respecting ourselves	Yr3 Belonging	Yr3 Media	Yr3 Money and Work	r3 Physical	Yr3 Growing	Yr3 Keeping safe
and	relationship	and others	to a	literacy and	Different jobs and skills; job	health and	and changing	Risks and hazards; safety
friendships	We are valued	Recognising respectful	community	Digital	stereotypes; setting	Mental	Personal	in the local environment
We are	and loved and	behaviour; the importance	The value of	resilience	personal goal	wellbeing	strengths and	and unfamiliar places
loved and	are precious in	of self-respect; courtesy	rules and laws;	How the		Using prayer	achievements;	
welcomed	God's sight and	and being polite	rights,	internet is	Yr5 Money and Work	and	managing and	Yr5 Keeping safe
into the	therefore		freedoms and	used;	Identifying job interests and	meditation for	reframing	Keeping safe in different
family of	protect what is	Yr5 Respecting ourselves	responsibilities	assessing	aspirations; what influences	observing,	setbacks	situations, including
God; what	special to God;	and others		information	career choices; workplace	allowing,	Yr4 Growing	responding in
makes a	personal			online	stereotypes	recognising	and changing	

		made in God's image.  Yr5 Physical	recognising individuality and different qualities;	
		image.	individuality and different	
		safety; medicines, vaccinations, immunisations		

				Amethyst				
	Autumn 1	Autumn 2	Sprii	ng 1	Spring 2	Sum	mer 1	Summer 2
Yr6 Families and friendships Attraction to others; romantic relationships; civil partnerships and marriage; legal ceremonies; themes of lifelong commitment together; what the bible says about love and marriage.	Yr6 Safe relationshipsRecognising and managing pressure; consent in different situations	Yr6 Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues	Yr6 Belonging to a community Valuing diversity; challenging discrimination and stereotypes	Yr6 Media literacy and Digital resilience Evaluating media sources; sharing things online	Spring 2 Yr6 Money and Work Influences and attitudes to money; money and financial risks	Yr6 Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online; using prayer and meditation for observing, allowing, recognising and positively applying emotions; examples from the bible	Yr6 Growing and changing Human reproduction and birth; increasing independence; managing transition; Christian view of intercourse as a physical, emotional and spiritual union.	Yr6 Keeping safe Keeping personal information safe; regulations and choices; drug use an the law; drug use an the media; why som Christians, other religions and non religious people, believe it is good to avoid things that ha the body, mind and soul.

# <u>Curriculum Long Term Plan PSHE –</u>

KS2 - Cycle A

<u>2024 - 2025</u>

### **Termly whole school themed week:**

Autumn: Anti- bullying/friendship

Spring: NSPCC

Summer: Water Safety



				Emeral	ld			
Auto	umn 1	Autumn 2	Spri	ng 1	Spring 2	Sumi	mer 1	Summer 2
Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4	Yr4
Families and	Safe	Respecting ourselves and	Belonging to a	Media	Money and work.	Physical	Growing and	Keeping safe
friendships	relationships.	others	community	literacy and	Making decisions about	health and	changing	Medicines and household
Positive	God being a	Respecting differences and	What makes a	Digital	money; using and keeping	Mental	Physical and	products; drugs common
friendships,	God who is a	similarities; discussing	community;	resilience	money safe; what the bible	wellbeing	emotional	to everyday life
including	greater love	difference sensitively	shared	How data is	says about money.	Maintaining	changes in	
online;	and good, who		responsibilities	shared and	'','	a balanced	puberty;	
forgiveness,	is supportive			used		lifestyle; oral	external	
peace,	and					hygiene and	genitalia;	
reconciliation	trustworthy;					dental care	personal	
and	• •						hygiene	
examples	responding to						routines;	
from the	hurtful						support with	
bible relating	behaviour;						puberty	
to	managing							
friendships.	confidentiality;							

recognising		
risks online.		

	Sapphire												
Autumn 1		Autumn 2	Spring 1		Spring 2	Summer 1		Summer 2					
Yr4/5 Yr4 Families and friendships Positive friendships, including online; forgiveness, peace, reconciliation and examples from the bible relating to friendships. Yr5 Families and friendships Managing friendships and peer influence. 'Love your neighbour as yourself', examples from the	Yr4/5 Yr4/5 Yr4 Safe relationships. God being a God who is a greater love and good, who is supportive and trustworthy; responding to hurtful behaviour; managing confidentiality; recognising risks online. Yr5 Safe relationships We are valued and loved and are precious in God's sight and therefore protect what is special to God; physical contact and feeling safe	Yr4/5 Yr4 Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively Yr5 Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination	Yr4/5 Yr4 Belonging to a community What makes a community; shared responsibilities Yr5 Belonging to a community Protecting the environment; compassion towards others	Yr4/5 Yr4 Media literacy and Digital resilience How data is shared and used Yr5 Media literacy and Digital resilience How information online is targeted; different media types, their role and impact	Yr4/5 Yr4 Money and work. Making decisions about money; using and keeping money safe; what the bible says about money. Yr5 Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Yr4/5 Yr4 Physical health and Mental wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care Yr5 Physical health and Mental wellbeing Made in the image of God; looking after the body God created; health sleep habits; sun safety; medicines, vaccinations, immunisations and allergies.	Yr4/5 Yr4 Growing and changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty Yr5 Growing and changing Personal identity; 'fearfully and wonderfully made'; recognising individuality and different qualities; mental wellbeing.	Yr4/5 Yr4 Keeping safe Medicines and household products; drugs common to everyday life Yr5 Keeping safe Keeping safe in different situations, including responding in emergencies, first aid and FGM					

Autumn 1		Autumn 2 Spring		ng 1 Spring 2	Summer 1		Summer 2	
Attraction to and others; cons		Yr6 Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues	Yr6 Belonging to a community Valuing diversity; challenging discrimination and stereotypes	Yr6 Media literacy and Digital resilience Evaluating media sources; sharing things online	Yr6 Money and Work Influences and attitudes to money; money and financial risks	Yr6 Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online; using prayer and meditation for observing, allowing, recognising and positively applying emotions; examples from the bible	Yr6 Growing and changing Human reproduction and birth; increasing independence; managing transition; Christian view of intercourse as a physical, emotional and spiritual union.	Yr6 Keeping safe Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media; why some Christians, other religions and non religious people, believe it is good to avoid things that harm the body, mind and soul.