



One family, belonging, believing and learning together.
Romans 12v5 'So in Christ we, though many, form one
body, and each member belongs to all the others'.



WORLD BOOK DAY

Reminder - We are celebrating world book day on **Thursday 7 March**: to keep it simple for parents, we are asking children to bring their favourite book to school and to come to school in comfortable clothes that they can lounge around and read in. These can be pyjamas or other comfortable clothes (remember, the children will be going outside on the day as well).

We would also, on this day, like to hold a pre-loved book sale - please could you send in any books your children have enjoyed but would now be happy to pass on to others. All monies raised would go towards lovely new books - each class will be tasked with the job of selecting some books from the profits for their class libraries.

A small amount of money can be brought in on World Book Day - books will typically be priced at around 50p.

The PTA will be selling some kindly donated quality adult fiction books at home time in the KS1 playground. Please come and have a browse.

Job advert

We are excited to announce that we have a staff vacancy for someone to join our wonderful team. This is an excellent 1:1 opportunity for the right person to come and make a real difference in school. Please read the advert carefully and ring 01524 770241 for more information. It is also on our Facebook page so we would appreciate if you could share this permanent post far and wide.

[Job vacancy 1:1 TA post](#)

Mothers' Day Breakfast

We are looking forward to welcoming Mothers, Grandmas, Aunties etc to our Mothers' day breakfast next Friday. This will start after registration and finish around 10:30am.

As usual, we ask for patience as we serve a lot of people at once. We will set coffee and tea stations up in the hall for you to help yourselves: please bring reusable cups if you have one.

We will not be setting many tables up this year, only chairs in the hall. This is to aid service and enable staff to safely get around the hall to bring your butties to you. Please ensure that elderly people or those with physical difficulties are able to sit down.

Adults must enter and leave school through the front door and **MUST NOT** leave the hall (unless to use the staff toilet) at the front.

We will bring your children to join you and take them back to class when finished. Thank you for your cooperation for what promises to be a lovely occasion in school.

PTA Easter bingo

Exciting PTA news: we will be holding our awesome Easter bingo for children on Wednesday 20 March from 3:15pm until around 4:45pm. Look out for more details next week. This is an event loved by the children and it would be great to see a big turnout for our first PTA event this term.



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Outdoor ed

Well done to Y1 and Y2 children who braved adverse weather conditions this week to have a wonderful time in the outdoors. Y2 enjoyed their trip up Warton Crag and Y1 children loved scrambling around Silverdale. Thank you to Miss Heap, Mrs Scott, Mrs Wadsworth, Mrs Preece, Mrs Machell and Mrs Lloyd for escorting the children. Also, a huge thank you to the other teachers who gave up their teaching assistants for these trips to run smoothly.

Sporty stuff

There is loads going on at the moment with lots of children being given an opportunity to represent school in the coming weeks, some for the very first time. We work incredibly hard, especially given the size of our staff, to provide sporting opportunities for all. We guarantee that by the end of Year 6 (and earlier if possible), every child will have had a chance to represent Caton St Paul's at a sporting tournament

Well done to our Y3/4 athletes who finished 4th in the Champions league indoor tournament yesterday. We are on the coattails of the top 3 and have one more event to try and catch them up to aim for a top 3 finish. Thank you to Mrs Pollitt for stepping in to take the team and to Mrs Ellershaw and Mrs Butterworth for their help supervising the children.

Whilst we make every effort to transport children to events, we cannot guarantee that the minibus is available for this – we also have very few staff who are legally able to drive the minibus. For this reason, we are having to rely heavily on parents for transporting children to events. We know this isn't ideal but we are hugely grateful for your continued patience and support as we strive to give sporting opportunities to all.

VIPs

A massive CSP well done to all our super VIPS this week.

Diamond - Rex for creating a super Wizard Lizard trap in our literacy work, well done Rex!

Ruby – Fraser for wonderful enthusiasm for guided reading. He even said he wanted to stay at school all night to read more books.

Topaz – Eddie for having an enthusiastic and adventurous attitude despite the weather, when climbing up Warton Crag for the very first time.

Emerald - Billy for making excellent improvements in his writing and using his finger spaces well.

Sapphire – Jack WM for his maturity and willingness to take on teacher feedback to improve his work.

Amethyst – Perdy for working hard in science on our new topic of electricity and for being a thoughtful and considerate member of class, thank you.

Change to Lunch Menu

There will be a change to the lunch menu on **Thursday 7 March** as we will be having our 'World Book Day' lunch. The menu will be Curious George's Crispy Chicken Goujons & BBQ Dip or Hagrid's quorn hot dog and tomato ketchup with pepper potts pommes noisette with Bertie Botts baked beans or Matilda's magical vegetable medley followed by a Hungry Caterpillar cupcake.

Lunches can be ordered daily and are £2.40 per day for key stage 2 children. Please ensure payment is made in advance on ParentPay. Key stage 1 children are entitled to free school meals.

Top Tips for Supporting Children Who Are EXPERIENCING BULLYING

In a DfE survey, 36% of parents said that their child had been bullied in the past year, while 29% of secondary school headteachers reported bullying among students. Public Health England states that young people who maintain positive communication with their family were less likely to experience bullying – so it's important that parents, carers and educators know how to talk to children about bullying.

1. WATCH FOR BEHAVIOURAL CHANGES

Children who are experiencing bullying may become quiet, withdrawn, or anxious; however, they may also act on the pain and anger that they're feeling. A shift in attitude towards their existing friends (or not mentioning them any more at all) or alluding to new friendships which seem notably different could also be warning signs. It's important to be alert to such changes and talk to your child about them if they occur.



2. THINK THINGS THROUGH

Before acting, ask yourself if this is the right time and place to address concerns about bullying. Might your worries trigger strong feelings – perhaps from your own experiences – that could discourage your child from opening up to you? You could try discussing what you've noticed with another trusted adult who knows your child well.



3. BE OPEN AND UNDERSTANDING

Try to outline to your child the changes that you've noticed in their body language, appearance, behaviour, or tone of voice – and do so without sounding judgemental. Help them to describe what they're feeling – be it anger, sadness, fear or something else – as accurately as possible. If they say they're "angry", do they mean "enraged" or "frustrated"? This will help them to understand how they're feeling and why.



4. LET THEM SPEAK FREELY

Use open questions and a welcoming tone to encourage your child to talk. Listen closely and summarise what they've said at appropriate points (ideally without interrupting) to demonstrate that you're understanding clearly. Bullying may have undermined your child's sense of control, and they may fear that you'll judge them, overreact or impose consequences – so this conversation can reassure them being honest with you was the right decision.



5. CALL A TIME OUT

A conversation about bullying could leave both you and your child feeling distressed. It's important to recognise this and pause at suitable moments to calm down. Take deep breaths, enjoy a hot drink or even have a cathartic cry. This can reinforce trust, while also helping you both feel that you have control over the situation and the emotions that you're feeling.



6. STAY INFORMED

Make sure you know your child's school's definition of, response to and relevant contacts for bullying. This information should be in their anti-bullying policy, which ought to be available on the school's website. Class teachers or form tutors are usually the first point of contact, though there may be dedicated support teams or key workers to help your child, depending on the specific situation.



7. PREP YOUR CHILD FOR THE RESPONSE

Schools' responses to bullying vary depending on whether they're resolving disagreements and arguments, or addressing unintended verbal or physical harm and so on. It's important to work out with your child whether any harm was intentional, how much control they had over the situation and how often such incidents have occurred. Reporting concerns accurately will get the best outcome for your child more quickly.



8. SUMMARISE YOUR CHILD'S EXPERIENCE

When you contact the school, make sure you've precisely described what your child experienced: what happened; when; where; and who was involved. This will help the school to investigate further, identifying any witnesses, as well as those who were directly involved. It can also help the school to know how your child is feeling and how they'd like the matter to be resolved.



9. LIAISE WITH THE SCHOOL

Any school has a duty to ensure that the members of its community feel safe and included. It's important for children to learn their role in this. The school must determine how best to restore these feelings of safety and respect. It's often best for schools to keep parents and carers informed of any action taken – and for families to avoid taking matters into their own hands.



10. CHECK IN FREQUENTLY

Once the issue has been resolved and the bullying behaviour has stopped, your child may still feel anxious and might find it difficult to rebuild relationships or develop new ones. Parents, carers and the school should all keep an eye on how the child is feeling and acting over the following months. Any relevant information should be shared, so that further support can be planned if necessary.



Meet Our Expert

Bob Basley is the Director of Anti-Bullying Quality Mark-UK, which challenges and supports schools to develop sustainable whole-school approaches to prevent bullying, including working with parents and carers. More than 80 schools in England and Wales currently hold the quality mark.



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